

## 11 Days Everest View Trek - 11 Days

★ ★ ★ ★ ★ 1 Travellers Review

**\$609.6** ~~\$635~~



## Trip Information

Mt. Everest or "Sagarmatha" is the world's highest mountain at 8848m (29,028 ft.) above sea level.

Asian Trekking is organising the Eco Everest Expedition (2017) under the leadership of expedition doctor, Dr. Nima Namgyal Sherpa and sirdar Nanga Dorje Sherpa.

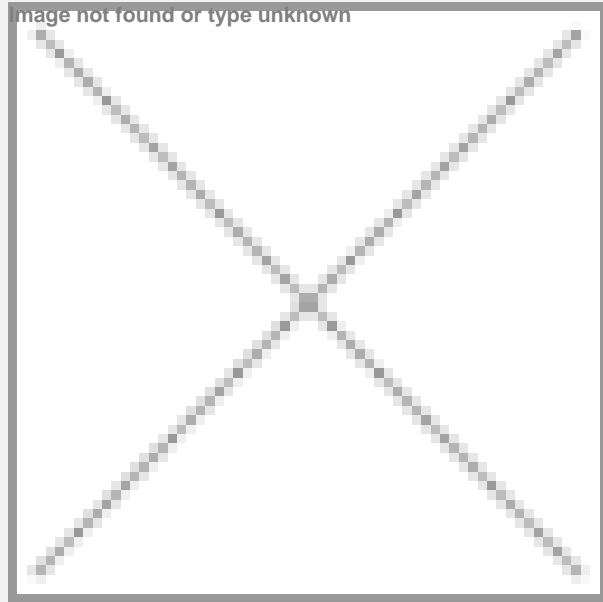
We will be following the Eco Everest Expedition 2008 Model.

Our focus will be on climbing in an eco-sensitive manner, bringing old garbage, in addition to our own, and all human waste produced on the mountain down to base camp for proper disposal. We will once again be using our highly successful alternative energy solutions like the Parabolic Solar Cookers, Steripens for water purification, Clean Mountain Cans and Restop Bags

# Trip Map

## Trip Facts

<b>Trip Duration</b>	11 days
<b>Technical Experience:</b>	Advanced Skill
<b>Difficulty:</b>	Strenuous
<b>Max Height:</b>	8848 m
<b>Starting From:</b>	Kathmandu
<b>End From:</b>	Kathmandu
<b>Fitness Ability:</b>	Excellent physical condition
<b>Group Size:</b>	10



## Detail Itinerary

- Day 1: Kathmandu**  
Assemble at International Airport for your flight to Kathmandu, the capital city of Nepal. On arrival at Tribhuvan International Airport, meet by our friendly representatives and transfer to
- Day 3: Kathmandu - Lukla (2800m) - Phakding (2652m)**  
After an early breakfast we make our way to the airport for flight departure to Lukla. Due to the tricky weather conditions the departure may often be delayed or cancelled. Thus if weather pe
- Day 4: Phakding - Namche (3440)**  
From Phakding, we'll proceed to Namche. This is a full day trip beginning by following the Dudh Kosi River then after lunch, start ascending the ridge up to Namche. The first day is relative
- Day 5: Namche (Acclimatization Day)**  
Today will be spent at Namche to acclimatization to the high altitude before heading off heading towards Tengboche tiny village. Namche Bazaar is considered capital city of the Everest region
- Day 6: Namche – Tengboche (3870m)**  
Today, we will proceed to Tengboche. The trail is wide and easy yet as with all places in the Himalayas you will never escape those onward ever-upward climbs as you find just before Tengboche
- Day 7: Tengboche - Namche**  
Return back Tengboche to Namche,6hrs Trek. (B/L/D)
- Day 8: Namche - Lukla**  
Trek Namche to Lukla. (B/L/D)
- Day 9: Lukla - Kathmandu (B)**  
After breakfast, proceed back to Kathmandu by flight. (B)
- Day 10: Kathmandu**  
After Breakfast Proceed for half day sight seeing of Kathmandu valley.Visit Kathmandu Dumar Square(UNESCO World Heritage Site) and old palace complex. Comprising of Hanuman Dhoka Durbar, An ol
- Day 11: Kathmandu –Departure**  
Today is free for optional tours, shopping or exploring the thamel area till time to transfer to airport for your flight back to.... (B)

## Cost Includes

- 3Nights at Hotel Marsyangdi in Kathmandu with Breakfast
- 7 Nights 8Days Trek with all meals Accommodation at Tea House, Sherpa Guide, Porters , Trek Permit , National Park fee etc .
- All transfers as per itinerary

## Cost Excludes

- Domestic Airfare for KTM-Lukla-KTM USD 310 per person.

## Trip Review

An awesome and successfull trek to Everest Base Camp



**Post by: Megabyte Admin**

## Departure Dates

Trip Start	Trip End	Group Cost	Individual Cost	Trip Status
Dates Not Available				